

Dinner

RECIPE CARD

Pea and Ham Risotto (Serves 2)

RECIPE NAME

Dinner

MEAL TIME

15 minutes

PREP TIME

30 minutes

TIME TO COOK

A simple and hearty weeknight risotto the whole family will love

NOTES

401kcal
per serving

CALORIES

INGREDIENTS

- ★ 1150g Risotto Rice
- ★ 500ml Vegetable Stock
- ★ 4 Bacon Medallions, cut into bite-size pieces
- ★ 100g Frozen Peas
- ★ 1 Onion, finely diced
- ★ 2 Garlic Cloves, crushed
- ★ 8 Large Mushrooms, sliced

METHOD



Spray a large pan with light cooking spray



Lightly fry the onions and garlic for 5 minutes



Add the mushrooms and bacon and fry for another 5 minutes



Add the rice and the stock, then bring to the boil



Reduce to a simmer for 15 minutes, covered



Add the frozen peas for 3 minutes



Season to taste, then serve!